

# **School Board / Ontario Snow Resort Safety Guidelines for Winter Out-Of-School Education Trips**



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OSBIE has consulted with Ontario Snow Resorts Association and its ski area resorts in the production of this document.

## **Risk Factor**

It should be understood by OSBIE Members that the production of this safety document should not be interpreted as an endorsement of school participation in such activities offered at snow resorts. OSBIE recommends caution in undertaking all activities involving risk. Consideration should be given to the risk of the out-of-school trip, the age of students, their skill and knowledge level, and the qualifications of the supervisors. This document provides minimum safety standards for schools to follow.

## **Legal Document**

This document is not a legal document. It is intended to provide accurate information about the subject matter. It is distributed with the understanding that the authors are not engaged in rendering legal or other professional services. Specifically, the recommendations contained herein are guidelines only, and not legal advice and the authors do not warrant, in any other manner their suitability for any particular usage. If legal advice or other expert assistance is required, the services of a solicitor or other competent professional, with knowledge of all laws pertaining to the reader and the jurisdiction should be sought.

## **Disclaimer**

This document was prepared as a guideline for the exclusive use of Ontario School Boards that are members of the Ontario School Boards' Insurance Exchange (OSBIE), having specific regard to the particular circumstances, needs and intended uses of School Boards in Ontario. This document shall not be used in any way by anyone else without prior written consent of the Ontario School Boards' Insurance Exchange. In any event, the Ontario School Boards' Insurance Exchange and the Ontario Snow Resorts Association do not accept liability or responsibility for any occurrence arising out of the use of this document by any school board, any other person, organization or agency.

## Rationale

### Education and Safety Go Hand-In-Hand

Winter Out-of-school education trips; including Alpine Skiing, Snowboarding, Cross-Country Skiing, Snow Tubing, Snowshoeing, among others, are designed to be an extension of the classroom, with the purpose of instructing and enhancing the skills and knowledge of students, and may meet certain curriculum requirements. Accordingly, an instructional component should be designed and be mandatory for students at all levels of ability.

The safety of students while participation in winter out-of-school education trips is of utmost importance. Alpine Skiing, Snowboarding, Cross-Country Skiing, Snow Tubing, Snowshoeing, like any physical activity, has inherent risks. Awareness and understanding of the risks involved with each winter sport, enable steps to mitigate the risks and make the activity relatively safe. Instruction highlights the safety aspects of alpine skiing and snowboarding, and other permitted activities. Students learn how to ski and snowboard, and perform activities, in control for their own safety, and the safety of others. Education, common sense, proper planning and appropriate supervision will result in an enjoyable and safe learning experience for students. Following assessments, students must use trails commensurate with their abilities. While alpine skiing and snowboarding in groups is recommended, it should be recognized that one-on-one supervision is not possible. Due to the nature of alpine skiing and snowboarding, schools should be using an "in-the-area" supervision format which requires the educator and parent volunteer supervisor to maintain a presence in the area of trails or runs for use by the students as determined by the resort.

Managed by OPHEA, the Ontario Physical Activity Safety Standards in Education (OPASSE), <https://safety.ophea.net/>, provides the following definition related to the applicable category of supervision required for Alpine Skiing, Snowboarding, Cross-Country Skiing, Snow Tubing, Snowshoeing. Please refer to each of OPASSE's specific activity page for more details.

## Helmets

All participants, including students, educators, and volunteer supervisors, must wear an appropriate snow sport helmet for school winter out-of-school trips to OSRA member facilities.

*Note: Helmet use is not required for Cross-Country Ski or Snowshoeing programs.*

OSBIE recommends that schools adopt a similar mandatory snow sport helmet use policy as noted above, regardless of facility locations.

The guidelines detailed herein apply to all school boards that are members of the Ontario School Boards' Insurance Exchange and have been endorsed by the participating resort members for the Ontario Snow Resorts Association (OSRA).

School boards that elect to use resorts outside of Ontario or resorts that are not members of OSRA, should follow these guidelines and outline the requirements to the resort personnel prior to booking.

It is intended that these safety guidelines will be followed by all school administration and staff involved in the planning. The member resorts of OSRA who meet the Province of Ontario Regulations and standards endorse these guidelines complement the Ontario Physical Activity Safety Standards in Education (OPASSE) available at [safety.ophea.net](http://safety.ophea.net), that should be followed in the planning of all winter sports education programs.

To view a list of provincial OSRA member resorts, log on to: [www.skiontario.ca](http://www.skiontario.ca)

## Planning for Ski and Snowboarding Education Programs

There is no substitute for careful planning. Parents and students must be informed of all the details of the trip. Information packages should include what is offered in the educational trip: instruction/assessments, progressive sticker/marking procedure, lift ticket upgrading, assigned groups by ability, and the need for students to utilize runs and terrain commensurate with the student's ability as determined by the snow resort staff. The documents contained in this guideline are only available in English or French.

Consideration should be made for non-English/French speaking parents and students to ensure there is a clear understanding of the risks, safety rules and use of consent forms. OSBIE recommends the use of a multi-lingual cover page to stress the importance of the documents to these families (see Appendix 1a for a sample cover page). This cover page is intended to stress the importance of advising anyone not speaking English or French to take the consent forms to someone who can explain it.

Educators and volunteer supervisors must be aware of the environment or situation to which the students will be exposed, and be able to realistically provide adequate "in-the-area" supervision. Volunteer supervisors will receive written instructions on their supervisory duties and will attend an orientation meeting at the resort. Educators and volunteer supervisors will receive an identifying system [example: armband, vest, etc.] and are expected to wear the identifier at all times for student's awareness. (See Volunteer/Educator Orientation – Page 9)

It must be emphasized that Administration and staff are responsible for the student's safety orientation. Resorts may have classroom orientation material available for this purpose. The educator responsible for coordinating the trip must make certain that all applicable recommendations are adhered to. Administration and staff are also responsible for ensuring that important aspects; such as student to supervisor ratios, telephone contacts, and that emergency procedures are provided for and in-place prior to the trip. There should be sufficient instructors and supervisors to accommodate all classes.

Do not take for granted that "someone else" is assuming an important role in the planning of the trip. Educators are expected to be responsible for ensuring that there is "in-the-area" supervision at all times – the ski resort reserves the right to revoke the lift ticket of any participant for infractions of rules, policy regulations or unacceptable conduct.

## **Out-Of-School Trip Forms**

Use the School Board Approved form to request permission for the out-of-school trip. Then, if applicable, use your school board approved parental consent form for the out-of-school trip or the Winter Out-of-School Trip Parental Consent Form (Appendix 1b). If you do not use your school board approved parental consent form, you must still send home the top section of Appendix 1b as it contains the rental equipment information.

Obtain written parental permission for all out-of-school trips. Use the Winter Out-of-School Trip Parental Consent Form in Appendix 1a/b (or your school board approved parental consent form) for this purpose. This new form, with signature of Parent/Guardian and Student (if over 18) is to be retained; original for school file and one copy retained by the resort.

## **Informed Consent Forms Should be Activity Specific**

The Winter Out-of-School Trip Parental Consent Form (Appendix 1a, b) should be specific to the snow sport activity in which the student is participating. The activity should be selected on the form.



## Trip Preparation Kit

1. Receive conceptual approval for out-of-school trip from Administration. The request should include number of Educators, Volunteer supervisors, and their skill level. Supervisors on out-of-school trips should be experienced in the activities being permitted on the trip, example: Alpine skiing, Snowboarding, Cross-Country Skiing, Snow Tubing, or Snowshoeing.
2. Book date and numbers with resort. Ensure resort can accommodate instruction/assessments for all students. Non-skiers/ snowboarders and/or beginners must have instruction before being permitted on trails.
3. Arrange transportation.
4. Complete the required Board of Education out-of-school trip forms (your school board approved parental consent form) or Winter Out-of-School Trip Parental Consent Form and submit to Administration for appropriate School Board Superintendent approval, if required.
5. Send home a Parental Information Package that includes the Note to Parents and Students with the Winter Out-of-School Trip Parental Consent Form Appendix 1a,b (or your school board approved consent form) for parental permission and signature. This all-in-one consent form now includes rental equipment. "[Comfort Tips](#)" for appropriate clothing are available in the Safety & Risk Awareness section of the OSRA website
6. Collect the signed Winter Out-of-School Trip Parental Consent Form, or a copy of your school board approved consent form parental permission forms, for each student.
7. Establish classification groups (see Appendix 1b). Assign supervisors in appropriate ratios to groups. The ratio of students to supervisors should not be higher than the ratios in the Ontario Physical Activity Safety Standards in Education (OPASSE). Improvement on ratios can be achieved with more qualified supervisors, including volunteer supervisors who are experienced in the sport. Inform the resort of number of participants in each discipline, abilities, number of rentals required, and number of supervisors.
8. Send written instructions to Volunteer Supervisors. Review supervision of snow sport trips and provide supervisors a copy of the supervisory duties (page 9). Only parent supervisors who have received the written instructions on supervisory duties should be permitted on a out-of-school trip.
9. Meet with students to discuss and establish:
  - Educator/Student/Volunteer Supervision
  - Behavioural Expectations – Alpine Responsibility Code and/or Nordic Responsibility Code
  - Share safety information – Check with the resort for local safety rules and resources
  - Identification of Groups and name of supervisor assigned to each group
  - Compulsory lesson schedule
  - After-lesson Expectations
  - Student I.D.
  - Organizational Plans on the Day

## Other Resources

School Video (where applicable)

[LIFT SAFETY Video](#)

[Little RESPECT Video](#)

Signage/Posters – see Appendices 2a-5

[Ski Well Be Well](#)

Other resources on the OSRA website: <https://skiontario.ca/resources/>

## Volunteer Supervisor Orientation for Snow Sport Trips

A meeting with Administration and/or Educator in charge, the volunteer supervisors, and other teaching staff is highly recommended. The purpose of this meeting is to review the duties of supervisors, and what is expected of supervisors.

Volunteers must be competent in the sport they are supervising. Ability should be assessed prior to assigning volunteer duties. The most experienced volunteers should be assigned to the more advanced groups of students. If activities such as Alpine Skiing, Snowboarding, Cross-Country Skiing, Snow Tubing, Snowshoeing are permitted, the supervisors assigned to these activities should have experience in the activity.

One supervisor will be assigned to base camp for emergencies, and to assist with supervision over lunch. **This is the only supervisory position that can be filled by a non-skier/snowboarder.** The supervisor at the base camp should identify where the emergency facilities are located, have a list of students with emergency contact numbers, know the location of a phone, identify and understand the resort's emergency procedures for transporting injured students to hospital.

Supervisors will circulate and maintain a visible presence on the trails/runs commensurate with the abilities of students. Supervisors should arrange "check-in" times during the day for their groups to meet and review progress.

While students are receiving their instruction/assessments, supervisors will review instructions provided by the resort previously referred to in the "Planning for Ski and Snowboarding Education Programs section (Page 5). When completed, the supervisors will proceed to the trails/runs to conduct "in-the-area" supervision for their group.

The volunteer supervisors will be instructed on the school and the resort's code of conduct. The supervisor will be informed as to what to do in the event of misconduct on the part of the student, and that the ski resort will cancel the lift pass for any offenders. Supervisors are expected to assist (not replace) resort personnel in enforcing rules and safety practices. Volunteer supervisors should bring persistent offenses to the attention of educators and resort personnel. Do not ignore dangerous behaviour!



Both volunteer and educator supervisors should be identified with a system example: armband, vest, etc. provided by the resort or school.

Volunteer supervisors will be asked to sign a disclaimer holding the school board harmless from claims for injuries they sustain while supervising education trips. The disclaimer should advise the volunteer that the school board does not have accident or WSIB insurance for them.

All participants must wear an appropriate snow sport helmet for winter out-of-school trips to OSRA member facilities. *Note: Helmet use is not required for Cross-Country Ski or Snowshoeing programs.*

OSBIE recommends that schools adopt a similar mandatory snow sport helmet policy as noted above, for all participants of an out-of-school trip regardless of facility.

## Control Procedures for Alpine Sports

The educator in charge must contact the resort operator prior to the trip in order to arrange student identification and controls procedure:

Students are to be identified by the educators as described by the parent's signed acknowledgement of the student's ability classification as detailed in Appendix 1b.

All participants must wear an appropriate snow sport helmet for a winter out-of-school trip to OSRA member facilities.

*Note: Helmet use is not required for Cross-Country Ski or Snowshoeing programs.*

OSBIE recommends that schools adopt a similar mandatory snow sport helmet policy as noted above, for all participants of an out-of-school trip regardless of facility.

All students will have their abilities verified by a trained resort employee by having students demonstrate their skills on suitable beginner/novice terrain at the start of the day. Classifications must be based on visual assessment of performance prior to, or on the day of the trip.

Students will be placed in groups according to ability. The snow school instructors will make the final determination of the participant's ability and will provide each student with a coded mark or sticker which will indicate the designation of trails/runs a student may use. Students who have been identified by a school or resort member as having an ADVANCED level of competence will be taking separate instruction/assessments and will receive coded stickers or markings, to allow them on the more difficult hills/runs as determined by the resort personnel.

OSRA trail marking system – See Appendix 3b.

Students who are NON-SKIERS/ SNOWBOARDERS, NOVICES or BEGINNERS, will be directed to their instruction/assessments immediately. After their instruction, they will be assessed and assigned to work on the skills introduced in the lesson on trails commensurate with their abilities.

Educator and volunteer supervisors will conduct "in-the-area" supervision on the hills/runs used by the students. If a student is found to be on trail not permitted by the student's classification, the

supervisor shall direct the student to the correct hill/run. The resort personnel; including lift operators, instructors, and patrollers are primarily responsible to ensure students receive proper instructions and to enforce that students only use hills/runs identified by the coded mark or sticker.

It is recommended that if a serious injury situation should arise, the educator, or volunteer supervisor, in cooperation with the resort management, will follow the resort's emergency procedures. It should be determined, in advance, what the procedures are and what first aid assistance is available. The educator in charge of their delegates should follow school board procedures regarding notification of parents and completing incident reports.

## **Control Procedures for Cross-Country Skiing**

*Please refer to Appendix 4: Cross Country Responsibility Code with Students on Page 22.*

The educator in charge must contact the resort operator prior to the trip in order to confirm final number of students participating in the program and all other details about the group's visit.

Students are to be divided by the supervising educators into levels of ability, (described in Appendix 1b).

The educator in charge will, along with resort personnel, emphasize to the students that once they receive permission to use specified trails, that they must not go on trails above their ability.

After their instruction/assessment, the student will be informed whether their ability will permit them to ski more advanced trails. The instructors, in consultation with the educator, will identify the trail(s) the students are permitted to use. Students may be re-assessed to a more advanced trail later in the day as they improve. Supervisors will be assigned to each group in order to provide "in-the-area" supervision and will use the same trails as the group for the remainder of the day. On trails where it is possible to lose sight of students, it is recommended that the supervisors be positioned at the front and the back of the group.

It is recommended that if a serious injury situation should arise, the educator, in cooperation with the resort management, will follow the resort's emergency procedures. It should be determined in advance what procedures are, and what first aid assistance is available. The educator in charge or their delegate should follow school board procedures with respect to notifying parents and completing incident reports.

The educator in charge of the students is responsible for the students at all times during the visit except when students are in their lesson. Educators and volunteer supervisors should accompany their assigned group of students to their instruction to be able to reinforce the instructor's instruction over the course of the day.

## Arrival Procedures

The following guidelines pertain to all Winter Out-of-School Education Trips:

Educator advises the resort of arrival. Signed copies of Appendix 1b will be collected for all students. Liability waivers will need to be collected and/or signed by all Educators and Volunteer Supervisors.

Students are to remain on the bus or follow procedures as previously arranged, while the educator retrieves tickets. In some cases, the resort personnel will bring the tickets to the bus and/or designated meeting area.

Resort personnel board bus or assembles students to welcome and explain in detail; resort area procedures, rental equipment procedures, and instruction by ski ability. Trail conditions will be reviewed, the lifts in operation will be identified, as well as the number of trails open. School assembly areas will be identified, and departure instructions will be outlined.

Resort personnel will review the Alpine Responsibility Code (or Cross-Country Responsibility Code) and other related rules and regulations. Resort personnel will advise group of the ticket removal penalty for violations of the Responsibility Codes. Resort personnel will explain signage on the trails. Educators will sign the resort form acknowledging receipt of resort information and instructions.

Resort personnel and educator/volunteer supervisors will accompany students renting equipment to rental shop, where applicable.

Students are assessed to determine and verify classification. All Winter Out-of-School Education Trips must include this component, and have a built-in instructional period. No school program is to be organized without this important aspect. All skiers/ snowboarders must have instruction/assessment prior to being permitted on the trails.

Educator will assign supervisors to designated trails/runs commensurate with their abilities as outlined in Appendix 1b. Students will be instructed to stay within designated areas commensurate with their ability as determined by the resort personnel.

All participants must wear an appropriate snow sport helmet for an out-of-school trip to OSRA member facilities.

*Note: Helmet use is not required for Cross-Country Ski / Snowshoeing programs.*

OSBIE recommends that schools adopt a similar mandatory snow sport helmet use policy as noted above, for all participants of an out-of-school trip regardless of facility.

## APPENDIX 1a

### NOTE TO PARENTS AND STUDENTS:

This note, Appendix 1a, must accompany the Winter Out-of-School Education Trip Form, Appendix 1b. It is suggested that Appendix 1a be attached to the reverse side of Appendix 1b for distribution to parents/guardians.

**This is an important document. Please take it to someone who can explain it to you.**

Arabic:

هذه وثيقة هامة. الرجاء إرسالها إلى شخص يستطيع أن يشرحها لك.

Chinese:

这是一份重要的文件，请把它交给可以向您解释的人。

Farsi:

این یک اسناد بسیار مهم است. لطفاً آن را به فردی که می‌تواند آن را توضیح دهد بدهید.

Gujarati:

આ એક મહત્વપૂર્ણ દસ્તાવેજ છે. કૃપા કરીને કોઈ વ્યક્તિને બતાવો, જે તેમને તેનું વ્યાખ્યાન આપી શકે.

Hebrew:

זה מסמך חשוב מאוד. אנא הועדו אותו לאדם שיכול להסביר אותו.

Hindi:

यह एक महत्वपूर्ण दस्तावेज़ है। कृपया इस व्यक्ति को दिखाएं, जो इसे समझा सके।

Khmer:

នេះគឺជាឯកសារសំខាន់ណាស់។ សូមផ្តល់វាជូនមនុស្សម្នាក់ដែលអាចពន្យល់វាបាន។

Korean:

이것은 중요한 문서입니다. 그러니 이 문서에 관해 설명을 해줄 수 있는 사람에게 보여주시기 바랍니다.

Punjabi:

ਇਹ ਇੱਕ ਮਹੱਤਵਪੂਰਨ ਦਸਤਾਵੇਜ਼ ਹੈ। ਕਰਪਾ ਕਰਕੇ ਇਸਨੂੰ ਉਸ ਵਿਅਕਤੀ ਨੂੰ ਦਿਖਾਓ ਜੋ ਇਸਨੂੰ ਸਮਝ ਸਕੇ।

Romanian:

Acesta este un document important. Vă rugăm să cereti ajutorul unei persoane care vi-l poate explica.

Russian:

Это важный документ. Пожалуйста, покажите его человеку, который может объяснить Вам его содержание.

Spanish:

Este documento es importante. Muéstrelo a alguien que pueda explicárselo.

Tamil:

இது ஒரு முக்கியமான ஆவணம். இதனை உங்களுக்கு விளங்குபவருக்குக் கூட்டியுள்ள உவாவாட்டம் தயவுசெய்து காட்டுக தயவுசெய்து உங்களுக்கு.

Urdu:

یہ ایک اہم دستاویز ہے۔ اس کو اس شخص کو دکھائیے جو اس کی وضاحت کر سکتا ہے۔

Vietnamese:

Đây là một tài liệu quan trọng. Hãy giao nó cho người có thể giải thích cho bạn.



## SPECIAL WINTER OUT-OF-SCHOOL TRIP FORM / PARENTAL CONSENT

Participant Name									
Date of Birth	(DA/MO/YEAR)								
School Name									
Date of Visit									
Select Activity	Alpine skiing		Snowboarding		Cross-Country Ski		Snow Tubing		Snowshoeing
Select Ability	Non		Beginner		Intermediate		Advanced		
<b>Non-Skier or Non-Snowboarder</b>	First time alpine skiing/snowboarding. Individual has never skied or snowboarded before.								
<b>Beginner</b>	The student has skied or snowboarded once or twice or a few times per year and has experienced and maintained control on a number of novice hills of varying difficulty. He/she is able to stop and turn both directions with some success. They are comfortable on green/beginner and some blue/intermediate slopes. May need assistance with getting on or off the lifts.								
<b>Intermediate</b>	The student has skied or snowboarded on many occasions and has experienced a variety of hills and different ski areas. He/she can turn and stop under control using recognized formal techniques. They can ski /board with confidence on blue slopes and possibly some black/advanced slopes.								
<b>Advanced</b>	The student is an experienced and competent skier or snowboarder. He/she has received formal instruction, knows and understands the Alpine Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist supervisors.								

### IF RENTING EQUIPMENT, PLEASE COMPLETE

<b>AGE</b>		<b>HEIGHT</b>	
<b>WEIGHT</b>		cm	
kg		<b>SHOE SIZE</b>	

*Please include the named participant in the PARK program offered only to Advanced level skiers/ snowboarders. It is suggested that you and your son/daughter view the Smart Style safety video found at: [www.terrainparksafety.org](http://www.terrainparksafety.org). In addition each ski area may have other requirements for entering their terrain park.*

Rental Helmet Required Yes ☐ No ☐

### RENTAL EQUIPMENT

Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. Parents must accept responsibility for equipment that is lost or damaged (other than reasonable wear and tear).

### ALPINE / CROSS COUNTRY RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced an Alpine/Cross Country Responsibility Code which the named ski area \_\_\_\_\_ and the named school board \_\_\_\_\_ requires that you know and obey. Skiers/snowboarders must always ski/snowboard in control and be able to stop and change direction to avoid collisions with people or objects. The named ski area \_\_\_\_\_ may revoke a lift ticket for violation of the code or other unacceptable conduct. **With the exception of Cross Country/Snowshoeing, all Alpine participants must wear an appropriate snow sport helmet for school out-of-school trips to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet policy regardless of facility locations.**

### ACKNOWLEDGEMENT / INFORMED CONSENT

This signed form is required for all students who wish to participate in this outdoor recreation and snow sport education program. It should be understood that the purpose of this out-of-school trip is educational. Lessons are mandatory.

#### INHERENT RISK

Alpine skiing/Snowboarding/other is a sport with physical demands and inherent risks which are beyond the control

of \_\_\_\_\_ and \_\_\_\_\_  
 (Name of School Board) (Name of Ski Area)

The inherent risks include, but are not limited to: slip, trips & falls; use of lifts; collision with natural or man-made objects or other persons; changing weather conditions; changes or variations in the terrain or surface; exposed rocks, earth or ice; travel beyond the trail boundaries. Incidents may occur which result in serious injury or death. Participants **must assume** the inherent risks of the sport.

It is strongly recommended by the Ontario Snow Resorts Association that you visit their website: [www.skiontario.ca](http://www.skiontario.ca) to review the complete OSBIE document and safety information on this site prior to your school visit. Following all rules and procedures can reduce the risk of injury. Failure to follow the rules will result in the student losing their lift ticket and future resort privileges.

**We have read and understood the above information, and agree to the regulations as outlined by the Ontario Snow Resort member Ski Area. I give my son/daughter permission to participate in the above noted activity at the ski area indicated.**

Parent / Guardian Name

Signature

Date

# APPENDIX 1c

## RELEASE, WAIVER OF CLAIMS, ASSUMPTION OF INHERENT RISKS AND INDEMNITY AGREEMENT FOR SCHOOL SKI/SNOWBOARDING COMPETITIONS - RACING - TRAINING - COMPETITIVE PROGRAMS

**THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT 18 YEARS OF AGE AND OLDER WHO WISHES TO PARTICIPATE IN COMPETITIVE SKI/SNOWBOARDING PROGRAMS AND TRAINING.**

I, \_\_\_\_\_ in consideration of being allowed to participate in the  
(Name of Participant)

\_\_\_\_\_ at \_\_\_\_\_  
(Name of Competition or Program) (Name of Ski Area)

and any training, racing and access to the facilities do hereby release and hold harmless and indemnify the directors, officers, shareholders, agents, servants, employees of \_\_\_\_\_  
(Name of Ski Area)

and \_\_\_\_\_, ("Releasees") from all claims, actions or damages without any  
(Name of School Board)

limitation whatsoever, whether consisting of loss, personal injury, property damage or death, that does or may result in any way from my participation in these competitive sporting events or programs including training and I assume any and all responsibility and liability for same. I also agree to waive any and all claims against the "Releasees" for any loss, damage, expense or injury, including death, I may suffer from any cause whatsoever, including negligence, breach of contract or statutory duty owed under the Occupiers' Liability Act by the "Releasees". I further agree to indemnify and hold harmless all of those above names from any damage or costs or expenses whatsoever which they or any of them may sustain as a result of any claim brought by anyone against any of them as a result of my preparation for and/or participation in these competitive sporting events or programs including training.

### INHERENT RISK

I specifically agree that before any given competition takes place I will, if I so desire, inspect all areas involved in the competition, and withdraw from the activity if unsafe, fully realizing, accepting and understanding that competitive alpine skiing/ snowboarding in general and of this type is inherently risky and dangerous, as are preparations, practice, or training for such events. The inherent risks include but are not limited to: falling; use of lifts; collision with natural or man-made objects or other persons; changing weather conditions; changes or variations in the terrain or surface; exposed rocks, earth or ice; travel beyond the course boundaries or trails. Incidents may occur which result in serious injury or death. I understand that participants must assume the inherent risks of the sport.

I, as a participant completely understand that the above paragraphs constitute a covenant and a promise on my part to fully discharge all of the above named parties from any and all liability of any kind for any injuries, loss, damage or death which may result from my participation in these competitive sporting events or programs.

I further agree that any litigation involving the "Releasees" shall be brought in the Province of Ontario and Ontario law will apply.

This release is binding, and I so understand, not only upon myself but upon my heirs, administrators, executors, and assigns, and I hereby again reaffirm my free will and willing intent to exercise it, acknowledging a complete understanding of its terms and conditions and the totality of its effect, and the totality of the waiver of any rights that I would otherwise have had, had this agreement not been executed.

### ACKNOWLEDGEMENT

I have read and understand this agreement and I understand that by signing this agreement I am waiving certain legal rights that I or my family and others may have against the "Releasees".

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

Participant \_\_\_\_\_

Witness \_\_\_\_\_



# APPENDIX 1d

## SPECIAL WINTER OUT-OF-SCHOOL TRIP FORM/PARENTAL CONSENT FOR SCHOOL SKI/SNOWBOARDING COMPETITIONS - SKI RACING - TRAINING - COMPETITIVE PROGRAMS

### STUDENTS UNDER 18 YEARS OF AGE

Participant Name: \_\_\_\_\_

School Name: \_\_\_\_\_

Select Activity: ☐ Alpine skiing ☐ Snowboarding

Date of Activity: \_\_\_\_\_

### ALPINE RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced an Alpine Responsibility Code which the named ski area

\_\_\_\_\_ and the named school board \_\_\_\_\_

requires that you know and obey.

Skiers/Snowboarders must always ski/snowboard in control and be able to stop and change direction to avoid collisions with objects and people.

The named ski area \_\_\_\_\_ may revoke all privileges for violation of the code or other unacceptable conduct.

**All participants must wear an appropriate snow sports helmet to OSRA member facilities. OSBIE recommends that schools adapt a mandatory snow sport helmet policy regardless of ski facility locations.**

### ACKNOWLEDGEMENT/INFORMED CONSENT

This signed form is required for all students under the age of 18 years who wish to participate in school board sanctioned ski/snowboarding competitions-ski racing-training-competitive programs

### INHERENT RISK

Competitive alpine skiing/snowboarding is a sport with physical demands and inherent risks which are beyond the control of

\_\_\_\_\_ and \_\_\_\_\_

(Name of School Board)

(Name of Ski Area)

The inherent risks include but are not limited to: falling; use of lifts; collision with natural or man-made objects or other persons; changing weather conditions; changes or variations in the terrain or surface; exposed rocks, earth or ice; travel beyond the course boundaries or trails. Incidents may occur which result in serious injury or death.

I understand that participants must assume the inherent risks of the sport.

It is strongly recommended by the Ontario Snow Resorts Association that you visit their website: [www.skiontario.ca](http://www.skiontario.ca) to review the complete OSBIE document and safety information on this site prior to your participation in the activity. Following all rules and procedures can reduce the risk of injury. Failure to follow the rules will result in the participant losing their lift ticket and future ski resort privileges.

**We have read and understand the above information and that in participating in ski/snowboarding competitions-ski/snowboard racing-training-competitive programs we are assuming the risks associated with doing so and agree to the regulations as outlined by the Ontario Snow Resort member Ski Area. Accordingly, I give my son/daughter permission to participate in the above noted activity at the ski area indicated.**

Parent/Guardian Name

Signature

Date

## APPENDIX 2b

# CONVEYOR SAFETY

## LOOK & WAIT

MOVE UP TO  
THE MARKED LINE  
WAIT YOUR TURN



SECURE ANY  
LOOSE ITEMS



REMOVE POLE  
STRAPS & HOLD  
TIPS FORWARD

## LOAD & STAND

CAREFULLY STEP  
ONTO THE CONVEYOR  
STAY STANDING  
FOR THE ENTIRE RIDE



REMAIN  
STANDING  
AT ALL TIMES

## UNLOAD & LEAVE

AT THE UNLOADING  
AREA THE CONVEYOR  
WILL END ALLOWING  
YOU TO CLEAR  
FOLLOW DIRECTIONS



UNLOAD  
HERE



ONTARIO  
SNOW RESORTS ASSOCIATION



CANADA WEST  
SKI  
AREAS ASSOCIATION



TECHNICAL  
SAFETY BC

## APPENDIX 2c

# T-BAR SAFETY

### LOOK & LOAD

MOVE UP TO THE MARKED LINE

LOOK TO THE INSIDE FOR THE BAR

STAY STANDING & HOLD ON



SECURE ANY LOOSE ITEMS



REMOVE POLE STRAPS & HOLD TIPS FORWARD

### STAND & RIDE

REMAIN STANDING FOR THE ENTIRE RIDE

STAY IN TRACK



STAY IN TRACK



FALLEN SKIER, CLEAR TRACK IMMEDIATELY

### UNLOAD & LEAVE

WHEN YOU APPROACH THE UNLOADING AREA

UNHOOK THE BAR

RELEASE & CLEAR AREA

FOLLOW DIRECTIONS



UNLOAD HERE



ONTARIO  
SNOW RESORTS ASSOCIATION



CANADA WEST  
SKI  
AREAS ASSOCIATION



Alberta Elevating Devices  
& Amusement Rides  
Safety Association

TECHNICAL  
SAFETY BC

## APPENDIX 2d

# CHAIR LIFT SAFETY

## LOOK BACK

MOVE UP TO THE  
MARKED LINE

WATCH FOR THE  
APPROACHING CHAIR



SECURE ANY  
LOOSE ITEMS



REMOVE POLE STRAPS  
& HOLD TIPS FORWARD

## LOAD & LOWER

LOAD THE CHAIR  
LOWER THE BAR



LOWER  
THE BAR



DO NOT SWING OR  
BOUNCE THE CHAIR

## LIFT & LEAVE

LIFT THE BAR WHEN  
YOU REACH THE  
UNLOADING AREA

STAND UP AND  
CLEAR AREA



RAISE  
THE BAR



KEEP YOUR  
TIPS UP



ONTARIO  
SNOW RESORTS ASSOCIATION



CANADA WEST  
SKI  
AREAS ASSOCIATION



Alberta Equestrian Devices  
& Amusement Rules  
Safety Association

TECHNICAL  
SAFETY BC



## APPENDIX 3a

# ALPINE RESPONSIBILITY CODE

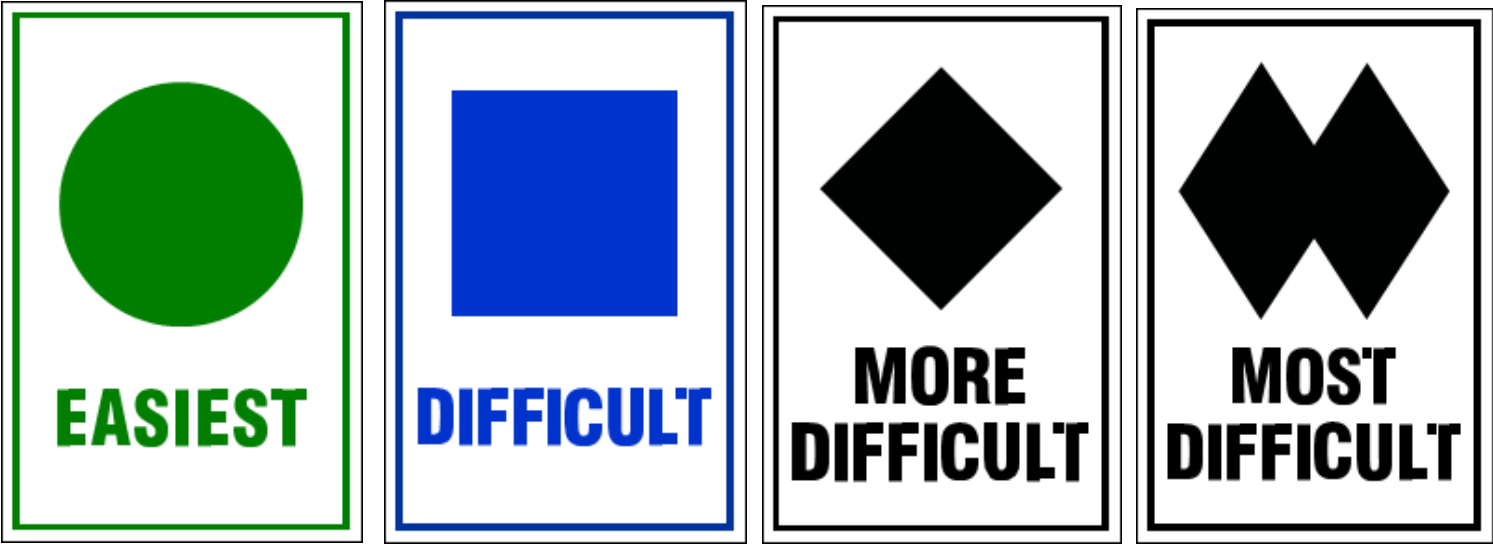


THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1** Always stay in control. You must be able to stop or avoid people or objects.
- 2** People ahead or downhill of you have the right-of-way. You must avoid them.
- 3** Stop only where you are visible from above and do not restrict traffic.
- 4** Look uphill and avoid others before starting downhill or entering a trail.
- 5** You must prevent runaway equipment.
- 6** Read and obey all signs, warnings and hazard markings.
- 7** Keep off closed trails and out of closed areas.
- 8** You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.
- 9** Do not use lifts or terrain when impaired by alcohol or drugs.
- 10** If you are involved in a collision or incident, share your contact information with each other and a ski area employee.

## Know the Code - It is Your Responsibility

APPENDIX 3b





## APPENDIX 4

# CROSS COUNTRY RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE TRAILS, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- |   |  |
|---|--|
| <p><b>1</b> <i>Always check posted trail conditions.</i></p>  | <p><b>5</b> <i>Ski in control. On two-way trails descending skiers have the right-of-way.</i></p>  |
| <p><b>2</b> <i>Ski in indicated direction and obey all posted signs and warnings. Keep off closed trails.</i></p> | <p><b>&amp;</b> <i>Do not stop where you obstruct a trail or are not visible to others. Move off the track quickly if you fall or during rest stops.</i></p> |
| <p><b>3</b> <i>Always ski to right when meeting on-coming skiers.</i></p>   | <p><b>7</b> <i>Do not litter. Take out what you pack in. Respect all property.</i></p>   |
| <p><b>4</b> <i>Yield the track to faster skiers and skiers calling track.</i></p>                                 | <p><b>8</b> <i>Report all incidents.</i></p>   |

**Know the Code - Be Safety Conscious  
It is Your Responsibility**

## APPENDIX 5a



## APPENDIX 5b



## APPENDIX 6

# FREESTYLE TERRAIN



## READ THIS!!!

### FREESTYLE SKILLS REQUIRED

Freestyle Terrain may contain jumps, hits, ramps, embankments, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, freestyle bump terrain and other constructed or natural terrain features. Freestyle skill involves maintaining control on the ground and in the air. Prior to using Freestyle Terrain, it is your responsibility to familiarize yourself with all instructions and warnings and to follow the Alpine Responsibility Code.

- The features vary in size and difficulty and change constantly due to snow conditions, weather, usage, modifications, grooming and time of day. It is your responsibility to inspect these features before use and throughout the day.
- You control the degree of risk you will encounter in using these features both on the ground and in the air. Do not attempt these features unless you have sufficient ability and experience to do so safely.
- Helmets are recommended.
- Only one person should use a feature at a time. Wait your turn and call your start. Do not jump blindly and use a spotter when necessary. **LOOK BEFORE YOU LEAP!!** Always clear the landing area quickly.
- Always ride or ski in control and within your ability level.
- Individual features are closed for a reason. Do not enter the Freestyle Terrain or use features when closed.

**Freestyle Terrain use, like all skiing and snowboarding, exposes you to the risk of serious injury.**

**AIRBORNE MANOEUVRES INCREASE THE RISK  
INVERTED AERIALS SUBSTANTIALLY INCREASE THE  
RISK OF SERIOUS INJURY AND ARE NOT PERMITTED**

**When using the freestyle terrain, you assume the risk of any injury that may occur. The ski area operator's liability for all injury or loss is excluded by the terms and conditions on your ticket or season pass release of liability.**

## APPENDIX 7a

### This Park contains the following features

# M L

### LOOK BEFORE YOU LEAP!

**Freestyle Terrain** has four levels of progression and designation for size. Start small and work your way up. It is your responsibility to familiarize yourself with the terrain before attempting any of the features.

#### Designations Are Relative To This Resort



- Introductory freestyle terrain
- Small features, surface-level rails & boxes
- Less Difficult features



- Small to medium size features
- Ride-on rails & small to medium half pipe
- Difficult features



- Medium to large size features
- Introduction to jump-on rails
- Rail's with gaps & narrow surfaces
- Large half pipe
- More Difficult features



- Largest size features & jumps
- Jump-on rails with gaps & narrow surfaces
- Advanced and Experts only
- Most Difficult features

### This Park contains the following features

### LOOK BEFORE YOU LEAP!

**Freestyle Terrain** has four levels of progression and designation for size. Start small and work your way up. It is your responsibility to familiarize yourself with the terrain before attempting any of the features.

#### Designations Are Relative To This Resort



- Introductory freestyle terrain
- Small features, surface-level rails & boxes
- Less Difficult features



- Small to medium size features
- Ride-on rails & small to medium half pipe
- Difficult features



- Medium to large size features
- Introduction to jump-on rails
- Rail's with gaps & narrow surfaces
- Large half pipe
- More Difficult features



- Largest size features & jumps
- Jump-on rails with gaps & narrow surfaces
- Advanced and Experts only
- Most Difficult features



APPENDIX 7b

